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Sprucing up your space up isn't always

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affordable, but there are cheap ways to upgrade your home — and a ton of them can even be found right on Amazon.

52 Cheap Upgrades That'll Make Your Home Look So Damn Good

If you're looking to do just that, let us help. Thanks to the team at Uncle Tobys, we've got a 100-year-old recipe for

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perfect Anzac biscuits for you. Here's how to make them: What you'll need ...

This 100-Year-Old Recipe Will Get You Perfect, Chewy Anzac Biscuits

Contrary to popular belief, giving your home a makeover doesn't have to take as much time or effort as you think. To prove it, we've scoured HGTV for all of

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their best decor tips and organizing
tricks...

41 Things Under \$35 Make Your Home WAY Nicer, According To HGTV

Dr. Yumiko Kadota, a surgeon in Sydney, and the author of "Emotional Female," on stress, burnout and toxic work

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environments.
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'You've Lost Your Sparkle': What to Do When Burnout Hits

Root vegetables are tasty, versatile, and packed with health benefits! So today we're speaking with registered dietitian nutritionist Vicki Shanta Retelny about why we should be adding them ...

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The Health Benefits Of Root Vegetables

In the best-case scenario, sharing patents is only a tiny step in the vastly complex work of making a COVID vaccine.

Health Experts Say Expanding

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**Vaccine Access Requires More Than
Patent Waivers**

Your husband may be flattered by the attention he's receiving from this newfound sibling, but I agree that what she's doing seems excessive. Your husband, however, is playing into it by being ...

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**Dear Abby: Half-sister obsesses
over newfound brother**

Celebrities have spoken about their diabetes, whether they have type 1, type 2, or gestational. The list includes actors, musicians, athletes, and chefs. Nick Jonas wrote a song about his type 1 ...

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Program To Restore Your **16 celebrities who have spoken about living with diabetes**

Bridge and Blend, the all-new incense brand from Project Felicia inspired by original 1000-year-old Japanese blends, is live on global crowdfunding platform Kickstarter and raising funds to bring the

...

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**Bridge and Blend Introduces
Incense Inspired by 1000-Year-Old
Japanese Blends**

LivaNova Plc continues its excellent turnaround story that commenced in October 2020, since 2.2% owner Prime Capital LLP's scathing letter.

Living La LivaNova Once More:

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Shakeup Pays In Capital Gains

Kiah Roache-Turner is a hands-on director, which means he likes to act things out for his cast. He bares his teeth, clenches his fingers in claws by his side and starts twitching his body.

My day of the living dead

LA CROSSE, Wis (WKBT) - If you struggle

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with back pain in your life, you are not alone. Worldwide, back pain is the single leading cause of disability. It is also the third most common reason ...

Living with back pain

The Chattanooga Writers Guild is pleased to announce the Annual Spring Writing Contest. It is open to all writers

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18 and older, living in the Southeast
Tennessee/North Georgia region, or
within 70 ...

Chattanooga Writers Guild Has Spring Writing Contest

South African's trapped in India tell how
helplessness and fear overwhelm as
death swoops over the subcontinent ...

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and warn us not to be complacent ...

The situation is absolutely dire, say South Africans living in India

Living paycheck to paycheck isn't uncommon ... Research from FINRA and SaverLife shows that households with as little as \$100 in savings are generally more satisfied with their finances.

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Ask Carrie: How Can I Stop Living Paycheck to Paycheck?

Hello, I would like to find a person living on the lower west side to walk/run my dog three times per week. Although we can plan in advance, this person should have some flexibility in their schedule.

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**Hello, I would like to find a person
living on the lower west...**

Adele shared new photos to Instagram celebrating her 33rd birthday. One of the photos shows the singer dancing with a slimmer physique. The singer-songwriter has reportedly lost 100 pounds after ...

Adele Is The Literal Emoji In New

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It is built according to the principles of One Planet Living, a "sustainability framework ... that the Walkscore and Bikescores hit a perfect 100. According to Zibi, the company "is working ...

One Planet Living Goes Big in North America

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Leading up to and during World War II, Nazi soldiers outright stole countless artworks from a whole gamut of victims, many of them wealthy Jewish collectors. Dr. Richard Neumann's collection was ...

What's happening in the arts world

We'd like to hear from people across the political spectrum in the US about their

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opinions on Biden and his busy first 100 days as president. You can get in touch by filling in the form below.

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