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Penguin, 2013 - Health
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Robert H. Lustig

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Lustig deconstructs the
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The Fallacies Of Fat : NPR

Fat Chance : Beating
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Sugar, Processed Food,
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by Robert H. Lustig
(2013, Trade
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Preview — Fat Chance
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“The obesity pandemic
is due to our altered
biochemistry, which is
a result of our altered
environment.”. —

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By Robert H. Lustig.

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